

# Hugh's Story

 Active Care in the Home

Active Care in the Home supports Hugh to develop his independence, and pursue his hobbies and interests.

With the help and support from his dedicated Care in the Home nursing team, Hugh has been living life to the fullest and working on his independence.

Hugh has a learning disability as well as type 1 diabetes, requiring him to use insulin with every meal. Recently, with help from his nursing team, his confidence has grown from strength to strength, and although he requires nurses to calculate the complex medication he needs to take with each meal, he is now able to administer his nighttime medication independently with support, which is a major accomplishment for him.

Not only does Hugh now have more confidence with his own medical needs, he has flourished in other areas of his life too, as Hugh's Mum explains what the support from Care in the Home means to Hugh:

**“Hugh's favourite thing about Active Care in the Home support is going out on adventures, and the help they provide has helped him to gain confidence in going out and about and speaking to people.”**

With the new confidence he has gained, Hugh now goes out every day and enjoys being part of his local community, going to the cinema, to nearby coffee shops, dog walking, and socialising with others in his local day centre.

Helping our clients live happy and fulfilled lives in their own homes is at the heart of what Care in the Home means - to our clients, their families, and our wonderful team.



01732 779353 (Press Option 1 - "Care in the Home")

[CITH.referrals@activecaregroup.co.uk](mailto:CITH.referrals@activecaregroup.co.uk)

[activecareinthehome.co.uk](http://activecareinthehome.co.uk)

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