

Thomas' Story

 Active Care in the Home South

Active Care Group Care in the Home supports Thomas to lead an independent life at home with his family.

Thomas Snook, a 79-year-old RAF veteran with a distinguished background as a former engineer, businessman, and teacher, is making significant strides in his recovery journey following a life-changing medical crisis nearly three years ago. After suffering a respiratory and cardiac arrest accompanied by a stroke, Tom required a tracheostomy and enteral feeding tube to sustain his vital functions.

Following a two and a half year stay at the Fox Lane Remeo Clinic, an Active Care Group facility, Tom was finally able to return home, where he now receives comprehensive care from his Care in the Home team, who provide him with around the clock, one to one care support, with skilled workers managing his complex medical needs.

His personal rehabilitation goals include walking up the stairs of his own home unassisted, taking a shower independently, and eventually returning to driving his car to further regain his freedom and mobility. His care team have also observed remarkable improvement in his recovery and in his confidence. Tom achieved a significant milestone by returning home for his wife's birthday celebration in October 2024, marking an emotional reunion on her special day.

He has also successfully ventured into the local community, attending a model railway event at his local club where he had previously contributed to the setup. This progress has had a positive impact in driving his rehabilitation. The care arrangement has proven beneficial not only for Tom, but also for his support team. According to his wife Lyn,

“One of our Support Workers has grown in confidence while with Tom, and we are so pleased that he has developed into a member of the team we can't do without.”

Tom's journey demonstrates the effectiveness of personalised home care in supporting complex medical recovery, while maintaining dignity, family relationships, and links to the local community.



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