

# Patti's Story

 Active Care in the Home

## Improving Patti's independence and her family's well-being with Care in the Home support.

Patti Lloyd was 50 years old when she suffered a heart attack that changed her way of life considerably. It resulted her having both physical and mental disabilities.

Ten years later, in 2017, Active Care in the Home began supporting Patti, with comprehensive around the clock support. Her dedicated care team provide essential assistance with her personal care, meal preparation, household management, and shopping, which enables her to get out and about into her local community and beyond.

Care in the Home support has transformed Patti's quality of life. Previously, she rarely left home, but is now able to actively participate in many activities that reflect her diverse interests and growing confidence, and sense of purpose, channelling her personal experiences into advocacy work, and becoming a campaigner and writer focused on action against violence.

She's embraced a diverse range of creative and cultural interests, such as painting classes, and becoming a member of her local choir. She also regularly attends theatre performances and art galleries, and has travelled extensively, including a trip to Australia (pictured above) and is making plans to visit the USA.

Her physical capabilities also continue to develop, as demonstrated by her participation in the challenging 'Wheeling for December' 5K event.

**"The care I receive allows me to do anything I want to do and go wherever I like when I like - I have a great team!"**

Patti's own words are testament to what quality care means to her as it provides her with independence and a wonderful quality of life in her own home.



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